



CREIGHTON MODEL FertilityCare System

Providing Natural Choice for:

Procreative Wellness --- Achieving Pregnancy --- Avoiding Pregnancy



The FertilityCare System is more than Natural Birth Control

The **FertilityCare** System is so much more than natural birth control. Birth control has only one purpose, preventing pregnancy. The **FertilityCare** System is also very effective to achieve pregnancy. As an additional benefit, couples report that their communication increases. Women express appreciation that this method also involves the couple and that it helps her to understand her body.

FertilityCare System Facts

The **FertilityCare** System teaches a woman and couple to identify the fertile and infertile days in her cycle. The couple then uses this information to plan or avoid a pregnancy. The System is based on the observation and tracking of physical signs a woman has when she is fertile.

The system has a 99.6% degree of effectiveness to avoid pregnancy and a very high degree of accuracy in achieving pregnancy. A Meta Analysis of five effectiveness studies was published in the "Journal of Reproductive Medicine".

Basic Facts

- ♥ Women will experience a very definite symptom when they ovulate and for several days before, this is the time when the couple is fertile and pregnancy can occur. A woman is taught how to observe and interpret this biomarker and together the couple is taught how to use the system.
- ♥ By observing and tracking this biomarker the couple can determine the beginning and end of fertility regardless of cycle regularity.
- ♥ A woman, who is breastfeeding, coming off oral contraceptives, in long cycles, or in pre-menopause can use the method with a very high degree of effectiveness. It was often thought impossible to use a natural method in these reproductive categories.

Who can learn the FertilityCare System?

Anyone! This is about procreative wellness, fertility appreciation, and basic healthcare. Couples, single women with regular or irregular cycles, mothers and daughters, women in ANY reproductive category.

FertilityCare System is the First Step to NaProTECHNOLOGY®

Through **NaProTECHNOLOGY®**, a new reproductive science that has its roots in the CREIGHTON MODEL **FertilityCare** System, Physicians, Nurse Practitioners, Physician Assistants and Midwives can assist women with infertility, repeated miscarriages, PMS, Ovarian cysts, menopause, and a variety of reproductive issues. The standardized charting provides a tool to identify indicators of problems. When these are identified, treatments can be prescribed that are founded in an understanding of what is actually occurring in the woman's cycle.



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Who Teaches the CREIGHTON MODEL FertilityCare System?

The Creighton Model **FertilityCare Practitioner** or **Practitioner Intern** is an allied health professional who is in, or who has completed a 13-month theoretical and clinical experience.



Briana Mueller

FCPI (FertilityCare Practitioner Intern)

Hi! My name is Briana Mueller and I am excited to be your local FertilityCare Practitioner Intern. I will be practicing under the supervisor of a highly trained FertilityCare Educator during my internship. I am trained to assist the procreative wellness of women and couples in all reproductive categories. This includes: adolescents, single women, women coming off oral contraceptives, breastfeeding women, pregnant women, couples wanting to achieve or avoid pregnancy, pre-menopausal women, and women with regular or irregular cycles.

To learn more, register for an Introductory Session!

To attend an introductory session, please register by emailing

brianafertilitycare@gmail.com

or calling **605-933-9331**.

Cost:

Introductory Session: \$20 per couple/\$10 per single person

Follow-up Session: \$15 per session + cost of materials

(8 follow-ups in first year; 1-2 follow-ups in subsequent years)

Upcoming Introductory Sessions

Sessions held in the Youth Director Office in JPII School, 1510 W. Elm Ave, Mitchell, SD.

Monday, November 20, 2017 at 7pm

Monday, December 18, 2017 at 7pm

Monday, January 15, 2018 at 7pm

Monday, February 19, 2018 at 7pm

Monday, March 19, 2018 at 7pm

Or by appointment

Scholarship funds available if the cost is a financial hardship.